

ALLERGEN GUIDE

FOR USE IN BELGIUM LOCATIONS ONLY

	NUTS	PEANUTS	SESAME SEEDS	MILK	EGG	LUPIN	SOYA	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEANS	CELERY	MOLLUSCS	SULPHUR DIOXIDE AND SULPHITES	MUSTARD
MEAT														
Bacon				1			1							
Beef burger Patty				1			1							
Hot Dog				1			✓							
BUN														
Burger Bun			✓	✓	✓		✓	✓ WHEAT						
Hot Dog Bun			2	✓	✓		✓	✓ WHEAT						
FRIES														
Fries - COOKED IN PEANUT OIL		✓									1			
Cajun Seasoning											✓			
TOPPINGS														
BBQ Sauce														✓
Cheese				✓			1							
Green Peppers														
Grilled Mushrooms			1	1	1		1	1						
Hot Sauce														
HP Brown Sauce								✓ RYE, BARLEY						
Jalapeno Peppers														
Tomato Ketchup											✓			
Lettuce														
Mayonnaise					✓									✓
Mustard														✓
Onions														
Grilled Onions			1	1	1		1	1						
Pickles														✓
Relish														
Tomatoes														
MILKSHAKES														
Five Guys Milk Shake Base		1		✓			1	1						
Whipped cream		1		✓			1	1						
Banana		1		1			1	1						
Chocolate		1		✓			✓	1						
Cherry		1		1			1	1						
Coffee		1		1			1	1						
Gingerbread		1		1			✓	✓ WHEAT						
Malted Milk		1		✓			1	✓ WHEAT, BARLEY						
Oreo® Cookie Pieces		1		1			✓	✓ WHEAT						
Peanut Butter		✓		1			1	1						
Salted Caramel		1		✓			2	1						
Strawberry		1		1			1	1						
Vanilla Syrup		1		1			1	1						
OTHER ITEMS														
Bulk Peanuts without shell		✓						BARLEY						
Malt Vinegar								✓						

DRINKS (FREESTYLE AND BOTTLED) - Please Ask to Check the Freestyle Machine Screen and/or the Bottle Label

✓ Contains this allergen.

1 Not suitable for this allergen sufferers due to preparation and/or cooking methods used.

2 Not suitable for this allergen sufferers due to manufacturing methods.

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Five Guys Holdings, Inc. makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys International will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant.

INGREDIENTS GUIDE FOR USE IN BELGIUM LOCATIONS ONLY

MEAT	Pork, acidity regulator, Sodium Lactate, Salt, Sugar, stabilisers: Triphosphates, antioxidant: Sodium Isoascorbate, preservative: Sodium Nitrite
Bacon	
Beef Burger Patty	Ground Beef
Hot/Dog	Beef, Water, Salt, Spices, Spice extracts, stabilisers: Disodium Dithydrogen Diphosphate, Sodium Acetate, Glucose syrup, Dextrose, Seasoning, antioxidant: Ascorbic acid, preservative: Sodium Nitrate, SOY protein, Beech wood smoke
BUN	
Burger Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , SESAME seeds, Salt, SOYA flour, acidity regulator: Calcium Carbonate, Spirit vinegar.
Hot/Dog Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , Salt, SOYA flour, acidity regulator: Calcium Carbonate, Spirit vinegar. May contain SESAME seeds.
FRIES	
Fries - Cooked in PEANUT Oil	Potatoes, PEANUT oil, Salt
Calum Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Cayenne Pepper, CELERY Seeds, Rapeseed Oil
TOPPINGS	
BBQ Sauce	Distilled Vinegar, Sugar, Tomato Paste, Water, Molasses, Salt, MUSTARD Bran, Tamarind Extract, Smoke Flavouring, Preservative: Sodium Benzoate, Spices, Garlic Powder, Onion Powder
Cheese	Cheddar cheese (MILK), Water, Buter (MILK), Cheese (MILK), MILK Protein, Whey Powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese Flavour (MILK), Salt, Acid Regulator (Lactic Acid), Coburns (Beta-carotene, Paprika Extract), Anticaking Agent (Sunflower Lecithin)
Green Peppers	Green Peppers
Grilled Mushrooms	Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid
Hot Sauce	Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic powder
HP Brown Sauce	Tomatoes, Malt vinegar (BARLEY), Molasses, Glucose-fructose syrup, Spirit vinegar, Sugar, Dates, Corn flour, RYE flour, Salt, Spices, Flavourings, Tamarind
Jalapeno Peppers	Jalapeno Peppers
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (CELERY)
Lettuce	Lettuce
Mayonnaise	Soy oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice
Mustard	Spirit Vinegar, Sugar, MUSTARD Seed, Salt, Turmeric, Paprika, Spice, Flavouring, Garlic Powder
Onions	Onions
Pickles	Cucumbers, Water, Spirit vinegar/ Salt, firming agent: Calcium Chloride, preservative: Sodium Benzoate, Dill Flavouring and other flavourings (MUSTARD), emulsifier: Gum Arabic
Pelish	Cherkin, Sugar, Spirit Vinegar, Water, Salt, Flavourings, stabiliser: Xanthan Gum
Tomatoes	Tomatoes
MILKSHAKES	
Five Guys Milk Shake Base	Reconstituted Skimmed MILK , Cream (MILK), Sugar, Water, Dextrose, MILK Solids, Emulsifiers: Mono and diglycerides of fatty acids, Propylene glycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavouring
Whipped cream	Cream (MILK), propellants: N2O, N2, emulsifier: Mono and Diglycerides, stabiliser: Carrageenan
Banana	Bananas, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Chocolate	Sugar, Water, Invert Sugar, Cocoa Processed with Alkali, Unsweetened Chocolate, Extracts of Oregano, Flavoured, and Plum (to preserve freshness), SOY Lecithin, Glucose Syrup, Plain Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Natural Vanilla Flavouring), Fat Reduced Cocoa Syrup, stabiliser: Modified Waxy Maize Starch, Sweetened Condensed Skimmed MILK , Buter (MILK), Emulsifier: Hydroxypropylmethylcellulose, Natural Flavouring, preservative: Potassium Sorbate.
Cherry	Cherries, Sugar, Water, Glucose syrup, Sour Cherry Juice, coloring: Anthocyanins, acidity regulator: Citric Acid, Flavourings
Coffee	Coffee, Water
Gingerbread	WHEAT flour, sugar, vegetable oils, candy sugar syrup, raising agent, SOYA flour, salt, citramom, Gingerbread flavour syrup, water, sugar, colour (plain caramel), preservative: (potassium sorbate), acidity regulator (citric acid), natural flavouring
Malted Milk	WHEAT flour (Contains Calcium Carbonate, Ferric Pyrophosphate, Niacin and Vitamin B1), Malted BARLEY , Dried Skimmed MILK , Dried Whey (MILK), Sugar, MILK proteins, Calcium Carbonate, Palm oil, Salt, Vitamins (C, Niacin, E, Pantothenic Acid, B6, B2, B1, Folic Acid, A, Biotin, D, B12)
Oreo® Cookie Pieces	WHEAT Flour, Sugar, Palm oil, Fat Reduced Cocoa Powder, WHEAT Starch, Glucose-Fructose syrup, Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: SOYA Lecithin, Sunflower Lecithin, Flavouring, Vanillin
Peanut Butter	Dry Roasted PEANUTS , Sugar, PEANUT Oil, and Salt
Salted Caramel	Corn syrup, Water, High fructose corn syrup, Sugar, Non-fat MILK , Heavy cream (MILK), Salt, natural flavor: Pectin, Disodium Phosphate, May contain, SOY .
Strawberry	Strawberry, Lemon Juice, Sugar, Pepper, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Vanilla Syrup	Sugar, Water, Natural Flavor, Vanilla Extracts, Concentrated Lemon Juice, Preservative: E202
OTHER ITEMS	
Bulk Peanuts without shell	PEANUTS , Salt
Malt Vinegar	Bulk Malt Vinegar, BARLEY Malt Extract
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